

Information on COVID-19

We have included basic information about COVID-19 in Lesson 1 of the Open Airways Virtual Curriculum. We invite you to touch on COVID-19 throughout implementation, we recognize that these conversations are not linear. Please adjust based on the needs in your local community and school environment. For up to date information on COVID-19 visit [Lung.org/COVID-19](https://www.lung.org/COVID-19)

Accessing Demo Videos

There are a variety of demo videos linked throughout the curriculum and hosted on YouTube. If you are unable to access YouTube, you can download MP4 versions of these videos from the [OAS Facilitator Resource Center](#). Here is a list of videos that can be utilized during implementation:

- Lesson 4 – How to use a metered dose inhaler with valved holding chamber
- Lesson 2 – How to use a peak flow meter
- Lesson 1 & 2 – Teach a child to belly breathe for relaxation

Student Handouts and Posters

The Open Airways Student Handouts and Posters are incorporated into the PowerPoint for virtual implementation. As a best practice, we recommend sharing the PDF versions of these documents with Open Airways participants ahead of your first lesson. This will allow students, parents, and/or guardians the opportunity to print these documents (optional) and/or to reference these documents during and after meetings.

Student Engagement

As you work to implement the Open Airways program virtually, the American Lung Association recognizes that facilitators will have access to a variety of platforms and varying levels of resources for virtual implementation. To keep students engaged, we recommend utilizing resources that you may have including virtual whiteboards, platform chat functions, and screen sharing. If you do not have access to these features, simply work with your participants to have open and engaging conversations about the lesson.