

**Join us for a Virtual Better Breathers Club Meeting**

If you, or someone you know, is living with a chronic lung disease such as COPD, asthma, pulmonary fibrosis, or lung cancer, consider joining us at this welcoming virtual

support group.

Topics include, but are not limited to:

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How lung disease affects the respiratory system Breathing techniques

Medical tests and procedures Navigating the healthcare system

and more!

**1-800-LUNGUSA** | **LUNG.org/better-breathers**

**This month, we’ll be discussing**

Meeting topic:

Meeting date:

Meeting time:

Location: Virtual Platform Information

Contact: (facilitator’s name), at (email) and (phone)