

# Choose Safer Cleaning Products



Household cleaning products and deodorizers can contain harmful chemicals, including volatile organic compounds (VOCs), which are released into the air as you clean and can harm your health and the environment. Learn what to look for to select safer cleaning products.

## Avoid Aerosols

Choose pump sprays over aerosol. Aerosols emit very high levels of VOCs.

## Go Fragrance-Free

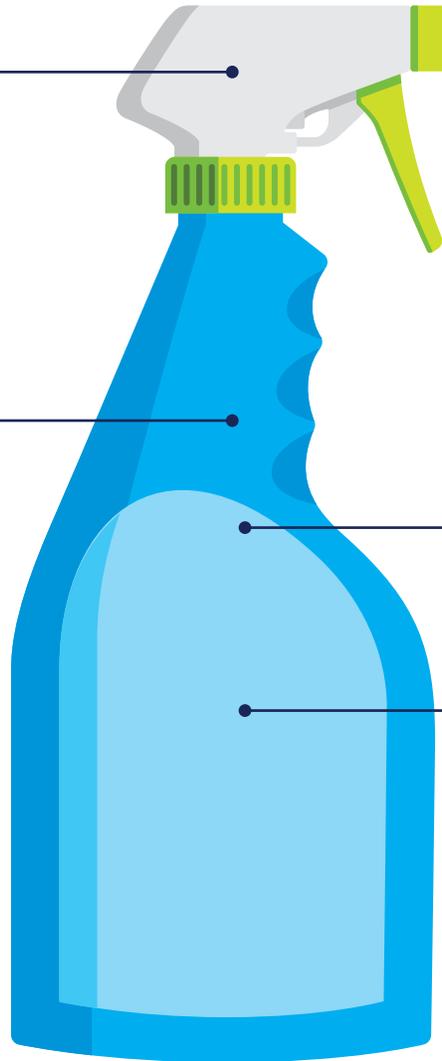
Hundreds of chemicals are used to create a “fragrance,” many of which can harm health. Use products that do not contain added fragrance or scents.

## Read Label for Signal Words

Avoid using products with “DANGER,” “POISON,” or “WARNING” on the label. These products are harmful to humans, pets, and the environment. Products labeled “CAUTION” are somewhat less harmful.

## Don't Be Fooled

Products labeled as “green,” “natural,” or “eco-friendly” do not mean safer or healthier.



## Use Safer Alternatives

Use products with one of these certifications:



## DIY Cleaners

Do-it-yourself cleaners are easy to make, can save you money, prevent waste and keep your family healthy. For safer cleaning recipes, [click here](#).